

Pro-Recovery / Pro-Social Activities Report

Type of Activity - Circle (AA, NA, Celebrate Recovery, 12-Step Yoga, Drug Court Alumni, Other*)

Location _____ Date _____ Time _____

If Other* please describe type the activity _____

Meeting Topic _____

Chair Person's Signature _____

Describe how you will use the ideas from the Pro-Recovery Activity (List A) in your own recovery, or describe how the Pro-Social Activity (List B) will benefit your recovery:

Name 1 thing you are grateful for today _____

List 3 things (in addition to staying sober) you will commit to do this week to aid you in your recovery:

- 1) _____
- 2) _____
- 3) _____

Signature _____ Printed Name _____ Chart # _____

Weekly Pro-Recovery and Pro-Social Meetings*

A. Pro-Recovery Activities:

1. NA or AA Meetings or any 12-Step meetings (online meetings require prior approval from the group leader)
2. Celebrate Recovery
3. SMART Recovery
4. Time spent with your Sponsor or Mentor
5. Church, A Better Life-Brianna's Hope, Hope House
6. Drug Court & Drug Court Alumni Activities
7. Re Entry Court Activities
8. Family Recovery Court Activities

B. Pro-Social Activities

1. Medical appointments or Med Clinic appointments
2. Psychiatric Evaluation
3. Dental appointments
4. Interviewing for a job
5. Attending High School Equivalency Classes
6. Obtaining a Driver's License
7. Family functions
8. Volunteering (requires prior approval from the group leader)
9. Other activities approved by group leader.

* You are required to attend 2 activities weekly and document these on the PRO-RECOVERY ACTIVITY REPORT. Each week you may choose 1 from List A and 1 from List B, or you may choose 2 from list A. Weekly reports of your attendance at these meetings will be provided to your referral source (Probation Officer, DCS Case Manager, Parole Officer, etc.)